

The NORGE SKI CLUB Invites You To Our

35th Annual Autumn Ski Jump Tournament and Junior National Qualifier October 3rd & 4th, 2020

Norge Ski Club

100 Ski Hill Road
Fox River Grove, IL
60021

www.norgeskiclub.org

Questions:

Coach Scott Smith
847-815-2117
Coach Scott Immens
847-863-4877
Coach Mike Glasder
847-401-9297

**Important!
Read this
information.**

Competition Format

Registration for all events is electronic/ non-contact, by 9/27

Saturday:

Small Hills Saturday - Non-sanctioned
K5 – U6/8: Boys & Girls, Open Classes
K10 – U10: Boys & Girls, Open Classes
K25 – U12: M & F, Open Classes
~~**K40** – U14/16 M & F Classes~~

(K40 under Construction)

K70* – Saturday (**Sanctioned**)

JNQ; (U16/20); M & F; Open: M/F
(Combined); Seniors; M/F (Combined)

Sunday:

K70* - Sanctioned
(A); Open M/F (Combined);
Senior/Master: M/F (Combined);
U20: Junior M&F

*Cash prizes will be presented to K70
award winners on Sunday.*

****BIG HILL JUMPERS - COME TO
EXPERIENCE OUR NEW K70 TRACKS!***

Awards for all podium finishers, all hills.

Nordic Combined Running Race Saturday - format and distances tbd

We are all living in a different environment than ever before. With that in mind, the Norge coaching team continues to monitor guidelines and guidance from [CDC](#), [State of IL](#) and [USA Nordic](#). **Everyone needs to abide by new rules and processes to help protect athletes, coaches, families and friends:**

- RESPECTING SOCIAL DISTANCING is the absolute standard for everyone.
- Wear a mask when social distancing cannot be maintained.
- Wash your hands regularly. Bring and use hand sanitizer.
- Do not share items with people you don't live with.

Please:

- Be aware
- Be flexible
- Be patient

We may need to make changes as we plan for the tournament or during the weekend.

Schedule

**Subject to change*

- If you or your athlete doesn't feel good in the slightest, don't come.
- If you or your athlete had any signs of sickness within the last 14 days of coming to Norge, or had contact with someone testing positive for Covid-19 within 14 days of coming to Norge, don't come.
- The Clubhouse will be closed and there will be no concessions. Bring your own food/beverages - Jewel grocery store is around the corner from Norge. Portable toilets and hand washing stations will be on-site.
- The Locker Room will be closed. Athletes need to make their own arrangements for private changing areas, i.e. tent, car. Tables for waxing will be outside with electricity, so bring your clamps and gear to prep skis.

Let's keep everyone safe and healthy.

Thursday, October 1st*

6:00 - 8:00 PM Open jump training on all hills

Friday, October 2nd*

9:00 AM - Noon Open jump training on all hills

2:00 - 5:00 PM Open jump training on all hills

5:30 PM Officials & Coaches Meeting on Clubhouse deck

Saturday, October 3rd*

9:00 AM - 11:00 AM Open jump training on all hills

12:00 PM Opening Ceremonies

12:15 PM Small hills competition: K5, K10, K25

2:00 PM Small hills podium awards

2:15 PM K70 Competition

4:00 PM Nordic Combined Running Race - tbd

Sunday, October 4th*

9:00 AM - 11:00 AM Open jump training on K70 AND SMALL HILLS

12:00 PM Opening Ceremonies

12:30 PM K70 Tournament

2:30 PM K70 Awards

For jump training earlier in the week, call Coach Scott Smith 847-815-2117.

Registration K5, K10, K25

Registering on [*TeamSnap*](#) AND the [*Biography Form*](#) must be completed by the athlete in order to fulfill registration requirements. Questions? Call or text Meg Larson: 847-804-6189

Please carefully read **USSA Age Class** and **Mandatory Helmet Regulations** posted on [this invitation](#).

Athletes must be pre-registered by Sunday, September 27 in order to participate. **There is no late registration**. Complete registration online via [*TeamSnap*](#), AND the [*athlete biography form*](#) by 9/27/20.

K5 registration fees are Free.

K10 registration fees are \$25 per athlete. Additional hill (K25) is \$15 per athlete.

K25 registration fees are \$25 per athlete.

All fees must be paid online in advance in order to receive a Competition Bib.

The Registration Tent will be located outside the Norge Clubhouse.

Registration K70

Registering on [*TeamSnap*](#) AND the [*Biography Form*](#) must be completed by the athlete in order to fulfill registration requirements. Questions? Call or text Meg Larson: 847-804-6189

Please carefully read **USSA Age Class** and **Mandatory Helmet Regulations** posted on [this invitation](#).

Athletes must be pre-registered by Sunday, September 27 in order to participate. **There is no late registration**. Complete registration online via [*TeamSnap*](#), AND the [*athlete biography form*](#) by 9/27/20.

K70 registration fees are \$50 per day per athlete.

K70 registrants must have a current USSA number to participate.

At least 3 Men or Women must comprise a Class or Classes (M & F) will be combined or eliminated. Be sure to indicate the class for each day on the online [*TeamSnap*](#) Skier Registration Form.

All fees must be paid online in advance in order to receive a Competition Bib.

The Registration Tent will be located outside the Norge Clubhouse.

Hill Fees

Hill Fees are \$20 per day for each athlete jumping Thursday or Friday. Payment is due to online via [*TeamSnap*](#) at time of registration.

Central Division Coaching Fees

The Central Division now pays for coaching on behalf of traveling athletes. Visiting jumpers should seek guidance from their home club coach.

Tournament Buttons

No tournament buttons this year. Norge Ski Club grounds are closed to the public at this time. Jumper family and friends are welcome to come and watch. Please protect one another - wear a mask when social distancing cannot be maintained.

Gates

Norge Ski Club grounds are not open to the public - only open to Norge families and friends, and visiting athletes with their family/friends.

Our Clubhouse will be closed and there will be no concessions, so bring your own food/beverages - Jewel grocery store is around the corner from Norge.

Parking

All athletes, families, friends, coaches and officials are required to park in Norge lots and fields. No parking inside the gates.

Camping

Families can pitch tents and stay overnight in the bowl under the K40 or in Norge fields. The Clubhouse will be closed, and there will be no concessions.

Portable toilets and hand washing stations will be on-site.

Lodging

Room block available:
Comfort Inn Crystal
Lake-Algonquin
595 Tracy Trail
Crystal Lake, IL
60014
815-261-1682

A block of rooms have been booked at the Comfort Inn Crystal Lake - Algonquin, Crystal Lake, IL for \$89 per night. Please note rooms need to be booked by the cutoff date of Friday, September 25, 2020 or they'll be released to the general public.

Reserve your room **online** or call the hotel directly.

Below is the information you need to make your reservation.

Group Name: Norge Fall Tournament

Group Code: GS03M0

Check In: Friday, Oct 2, 2020 (3:00 PM)

Check Out: Sunday, Oct 4, 2020 (11:00 AM)

Cutoff Date: Friday, Sep 25, 2020

Group Billing Options: Guest is responsible for all charges

Other questions?

Coach Scott Smith: sds63@sbcglobal.net or 847-815-2117

Coach Scott Immens: scottimmens@gmail.com or 847-863-4877

USSA Age Classes* based on the athlete's year of birth

<u>Category</u>	<u>Age</u>	<u>Year of Birth</u>
Master	30 and older	1990 and earlier
Senior	20-29	1991 through 2000
U20	18-19	2001 and 2002
U18	16-17	2003 and 2004
U16	14-15	2005 and 2006
U14	12-13	2007 and 2008
U12	10- 11	2009 and 2010
U10	8-9	2011 and 2012
U8	6-7	2013 and 2014
U6	5 and younger	2015 and later

NOTE: Age is based upon the year an athlete was born regardless of the date of birth.

The competition season is from July 1, 2020 to June 30, 2021. *Source: USSA Nordic Competition Guide

Mandatory USSA/FIS Helmet Requirements for all Sanctioned Competitions*

Crash helmets

The use of crash helmets is compulsory for all events. The shape of the helmet must conform to the shape of the head. The distance measured at any point between the outside surface of the helmet and the head shall not exceed 7 cm. Helmets with visors or integrated face shields, detachable or not are not permitted.

The crash helmets used for international FIS competitions shall comply with the standards applicable for crash helmets for alpine ski competition (crash helmets to be used in GS/SG/DH).

Compliance with the standards is to be attested by the corresponding specific standardised conformity label affixed in a non removable way at the back of the helmet in a location which is and shall remain visible. The label shall in particular not be covered by the goggle strap. The conformity label (Label "RH2013") confirming compliance with the standard applicable to helmets to be used for international FIS competitions is shown in attachment. The labels affixed by manufacturers shall comply with the specifications set forth in the enclosure below:

Label attesting conformity with FIS specifications for Alpine racing helmets (GS/SG/DH):



* FIS - Specifications for Competition Equipment Edition 2018/19